



CITY OF BRISTOL ROWING CLUB

JUNIOR PROGRAMME

Dear teacher

I am a member of the Inclusion team at City of Bristol Rowing Club and a parent of one of its junior rowers. I would like to tell you about the exciting opportunities we can offer your students at City of Bristol Rowing Club.

A THRIVING JUNIORS SECTION

City of Bristol Rowing Club has a thriving juniors section, which welcomes children of secondary school age every year. The children train several times a week and compete regularly in local and national race events throughout the year.



WIDENING PARTICIPATION

The club is encouraging students to join from more schools across Bristol. In addition, we offer a bursary to two students from lower income backgrounds. This covers all aspects of club membership, and supports recipients throughout their time at the club.



THE BENEFITS OF ROWING

Studies have shown that rowing improves academic performance at schools, and helps students to develop teamwork skills, as well as boosting confidence, physical fitness and mental wellbeing.

OUR VIDEO

We have prepared a fantastic video for you to show your students available [here](#).

GET IN TOUCH!

Children interested in joining the club can visit our website [City of Bristol Rowing Club](#) and go to the Juniors section for more information. If you would like to know more about our bursary, please get in contact. I would be delighted to tell you more about what we can offer. City of Bristol offers children a life-changing experience that we hope to share with your students, too.

I look forward to hearing from you,

Christina de la Mare | Junior bursary officer
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