

Fairfield High School Curriculum Overview – Year 10

Subject	PSHE	Why do we study these units in Year 10?
Lessons per fortnight	1	The KS4 PSHE (personal, social, health, economic) education program is a continuation of our KS3 program of study. PSHE is essential in helping our students develop the knowledge, skills, and attributes needed to thrive as individuals, within family networks and as functioning members of society. It provides a vital contribution to the health and well-being of our young people. We take a holistic approach to promoting healthy bodies, healthy minds, and healthy relationships. Our students are empowered to make informed decisions and encouraged to take the life opportunities that come their way as well as being able to cope with the challenges of adult and working life.
Setting	Mixed	

Students are encouraged to be Responsible Global Citizens through activities/content on: Health and well-being (3), equipping our students with the relevant skills needed to be confident when communicating with real employers. Sex and drugs education enables students to make sensible choices and act responsibly. (8).

We ensure all students experience high challenge through the exploration of higher order thinking and encourage students to think ‘outside of the box’ when forming opinions on topical matters. Students are encouraged to formulate their own opinions but also respect the opinions and views of others.

Literacy is fully embedded into our curriculum. There is a clear ‘learning list’ of key terms and command words for each unit of work that correspond with what students’ are using in the lessons. We ensure that specialist terminology and language is used throughout lessons, in class discussions, and in the feedback of students’ work.

Innovation and Creativity opportunities evident within our Living in the Wider World unit. Enterprising skills are valued, and we encourage our students to reflect and evaluate on how they have developed key skills throughout their careers journey at Fairfield.

Employability opportunities/skills is a strand we deliver within our Living in the Wider World unit. Students explore the range of Post16 pathways on offer and reflect on which they may be best suited towards. They are introduced to the importance of understanding the Labour Market whilst considering a variety of careers pathways. Students have a good awareness of a wage slips, P45 and P60 documents. Students receive 1:1 Careers Guidance. We ensure all students have high aspirations for their future, develop a range of enterprising skills which helps to equip them for the world of work, and to be aware of the range of options available at KS5 and beyond. Our careers curriculum is aspirational and supportive of all learners and is designed to educate students on all opportunities available to them.

Unit	Unit title	Knowledge and Understanding/Content	Skills	Assessment
Unit 1 (Term 1 & 2)	Relationship and Sex Education (RSE)	<ul style="list-style-type: none"> • Consent • Pregnancy choices • Abortion • Abusive relationships • Impact on pornography • Sexual Exploitation and Sexual Harassment 	<ul style="list-style-type: none"> • Reflect • Debating • Evaluate • Critical Thinkers • Making Decisions • Manage Risks 	N/A
Unit 2	Health & Wellbeing	<ul style="list-style-type: none"> • Transition to KS4 	<ul style="list-style-type: none"> • Reflect • Empathy 	N/A

(Term 3 & 4)		<ul style="list-style-type: none"> • Reframing negative thinking • Recognising mental health • Healthy & Unhealthy coping strategies • Grief & Loss • Breast & Testicular cancer 	<ul style="list-style-type: none"> • Critical Thinkers • Decision Makers • Manage Risks • Resilience 	
Unit 3 (Term 5 & 6)	Living in the Wider World	<ul style="list-style-type: none"> • Post16 Pathways • Labour Market Information (LMI) • Wage Slips – Tax & NI • Budgeting • Gambling and Debt 	<ul style="list-style-type: none"> • Reflect • Decision Makers • Independent Thinkers • Resilience • Evaluate • Numeracy • Goal Setting 	N/A