



Allfoxton Road
Horfield
Bristol
BS7 9NL
Tel: 0117 952 7100
enquiries@fairfield.excalibur.org.uk
www.fairfield.bristol.sch.uk
Twitter@FHSBristol
Facebook Fairfield High School – FHS

COVID UPDATE - 12th October 2020

Advice to all Parents and Carers regarding a single case, with single close contact and no students affected.

Dear Parents/Carers,

We have been made aware of a member of our school community who has tested positive for COVID 19 over the weekend. The person concerned has been absent for several days and we have, with the support of Public Health England, identified one close contact.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

One person has been identified as having been in close contact with the individual who has tested positive for coronavirus (COVID-19) and they have received a letter informing them that must stay at home for 14 days. No students have been identified as being in close contact with the individual concerned and this is not linked to the previously identified case.

The school remains open and your child should continue to attend as normal if they remain well.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,



Nick Lewis
Principal

An International Academy

Principal: **Mr Nick Lewis**
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Registered in England: Company Number: 08146633
Registered Office: Granham Hill, Marlborough, Wiltshire SN8 4AX

